SAINT JOSEPH CATHEDRAL
Third Sunday of Lent  March 7, 2021

PRELUDE
[10:30]  Largo from Sonata No. 5 (BWV 529) Johann Sebastian Bach (1685-1750)

INTROIT
Oculi mei Mode 7
Psalm 25: 15, 16

Oculi mei semper ad Dominum, quia ipse evellet de laqueo pedes meos: respicie in me, et miserere mei, quoniam unicus et pauper sum ego.

HYMN
Kingsfold

satb 1. I__ heard the voice of Jesus say, “Come unto me and rest;

satb 2. I__ heard the voice of Jesus say, “Behold, I freely give

unison 3. I__ heard the voice of Jesus say, “I am this dark world’s light;

lay down, O weary one, lay down your head upon my breast,”

the living water, thirsty one, stoop down, and drink and live,”

look unto me; your morn shall rise, and all your day be bright;

I came to Jesus as I was, so worn, and sad;

I came to Jesus, and drank of that life-giving stream;

I looked to Jesus, and found in him my star, my sun;

I found in him a resting place, and he has made me glad.

my thirst was quenched, my soul revived, and now I live in him.

and in that light of life, I’ll walk till travelling days are done.
LITURGY OF THE WORD

FIRST READING

[Vigil]  Exodus 17: 3-7
Give us water, so that we may drink.

In those days, in their thirst for water, the people grumbled against Moses, saying, “Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?” So Moses cried out to the Lord, “What shall I do with this people? A little more and they will stone me!” The Lord answered Moses, “Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink.” This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the Lord, saying, “Is the Lord in our midst or not?”

[Vigil]  Exodus 20: 1-17
God spoke all these words.

In those days, God delivered all these commandments: “I, the Lord, am your God, who brought you out of the land of Egypt, that place of slavery. You shall not have other gods besides me. You shall not carve idols for yourselves in the shape of anything in the sky above or on the earth below or in the waters beneath the earth; you shall not bow down before them or worship them. For I, the Lord, your God, am a jealous God, inflicting punishment for their fathers’ wickedness on the children of those who hate me, down to the third and fourth generation; but bestowing mercy down to the thousandth generation on the children of those who love me and keep my commandments.

“You shall not take the name of the Lord, your God, in vain. For the Lord will not leave unpunished the one who takes his name in vain.

“Remember to keep holy the sabbath day. Six days you may labor and do all your work, but the seventh day is the sabbath of the Lord, your God. No work may be done then either by you, or your son or daughter, or your male or female slave, or your beast, or by the alien who lives with you. In six days the Lord made the heavens and the earth, the sea and all that is in them; but on the seventh day he rested. That is why the Lord has blessed the sabbath day and made it holy.
“Honor your father and your mother, that you may have a long life in the land which the LORD, your God, is giving you.
You shall not kill.
You shall not commit adultery.
You shall not steal.
You shall not bear false witness against your neighbor.
You shall not covet your neighbor’s house.
You shall not covet your neighbor’s wife, nor his male or female slave, nor his ox or ass, nor anything else that belongs to him.”

**PSALM RESPONSE**

[Vigil] Psalm 95: 1-2, 6-7, 8-9 Richard K. Fitzgerald

If today you hear his voice, harden not your hearts.

1. Come, let us sing joyfully to the LORD; 
   let us acclaim the Rock of our salvation. 
   Let us come into his presence with thanksgiving; 
   let us joyfully sing psalms to him.

2. Come, let us bow down in worship; 
   Let us kneel before the LORD who made us. 
   For he is our God, and we are the people he shepherds, the flock he guides.

3. On, that today you would hear his voice: 
   “Harden not your hearts as at Meribah, 
   as in the day of Massah in the desert, 
   where your fathers tempted me; 
   they tested me though they had seen my works.”

[Day] Psalm 19: 8, 9, 10, 11 Lumen Christi Missal

Lord, you have the words of everlasting life.

1. The law of the LORD is perfect, refreshing the soul; 
   The decree of the LORD is trustworthy, giving wisdom to the simple.

2. The precepts of the LORD are right, rejoicing the heart; 
   the command of the LORD is clear, enlightening the eye.

3. The fear of the LORD is pure, enduring forever; 
   the ordinances of the LORD are true, all of them just.

4. They are more precious than gold, than a heap of purest gold; 
   sweeter also than syrup or honey from the comb;

**SECOND READING**

[Vigil] Romans 5: 1-2, 5-8

The love of God has been poured out within our hearts.

Brothers and sisters: Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.
And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us.

[Day]

1 Corinthians 1: 22-25

We preach Christ crucified.

Brothers and sisters: Jews demand signs and Greeks look for wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, Jews and Greeks alike, Christ the power of God and the wisdom of God. For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength.

GOSPEL ACCLAMATION

Praise to you, Lord Jesus Christ. King of endless glory.

GOSPEL VERSE

[Day] John 3: 16

God so loved the world that he gave his only Son, so that everyone who believes in him might have eternal life.

GOSPEL VERSE

[Day] John 4: 42, 15

Lord, you are truly the Savior of the world; give me living water, that I may never thirst again.

HOLY GOSPEL

[Day] John 4: 5-42

The water I give shall become in him a wellspring of eternal life.

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" (For Jews use nothing in common with Samaritans.) Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water." Jesus said to her, "Go call your husband and come back." The woman answered and said to him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have
said is true.” The woman said to him, “Sir, I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem.” Jesus said to her, “Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth.” The woman said to him, “I know that the Messiah is coming, the one called the Anointed; when he comes, he will tell us everything.” Jesus said to her, “I am he, I, the one who is speaking with you.”

At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, “What are you looking for?” or “Why are you talking with her?” The woman left her water jar and went into the town and said to the people, “Come see a man who told me everything I have done. Could he possibly be the Messiah?” They went out of the town and came to him. Meanwhile, the disciples urged him, “Rabbi, eat.” But he said to them, “I have food to eat of which you do not know.” So the disciples said to one another, “Could someone have brought him something to eat?” Jesus said to them, “My food is to do the will of the one who sent me and to finish his work. Do you not say, ‘In four months the harvest will be here’? I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving his payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that ‘One sows and another reaps.’ I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work.” Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, “He told me everything I have done.” When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, “We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world.”

[Day]

John 2: 13-25

Destroy this temple, and in three days I will raise it up.

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves, as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area, with the sheep and oxen, and spilled the coins of the money changers and overturned their tables, and to those who sold doves he said, “Take these out of here, and stop making my Father’s house a marketplace.” His disciples recalled the words of Scripture, Zeal for your house will consume me. At this the Jews answered and said to him, “What sign can you show us for doing this?” Jesus answered and said to them, “Destroy this temple and in three days I will raise it up.” The Jews said, “This temple has been under construction for forty-six years, and you will raise it up in three days?” But he was speaking about the temple of his body. Therefore, when he was raised from the dead, his disciples remembered that he had said this, and they came to believe the Scripture and the word Jesus had spoken.

While he was in Jerusalem for the feast of Passover, many began to believe in his name when they saw the signs he was doing. But Jesus would not trust himself to them because he knew them all, and did not need anyone to testify about human nature. He himself understood it well.
PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

[all bow during the following line:]

and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYER

COLLECTION OF OFFERINGS

PREPARATION OF THE ALTAR

OFFERTORY ANTIPHON

Psalm 19: 9-12; Vs. Psalm 19: 9, 10

Justitiae Domini rectae, laetificantes corda, et dulciora super mel et favum: nam et servus tuus custodiet ea.

Vs. Praeceptum Domini lucidum illuminans oculos: timor Dei sanctus permanet in saeculum saeculi: judicia Domini vera.

The ordinances of the Lord are right, bringing joy to all hearts, sweeter than honey or the honeycomb.
Therefore your servant will observe them.
Vs. The commandment of the Lord is lightsome, enlightening the eyes: the fear of the Lord is holy, enduring forever and ever:

The judgments of the Lord are true.
SANCTUS

Mass XVIII

MYSTERIUM FIDEI

GREAT AMEN

THE LORD’S PRAYER

AGNUS DEI

COMMUNION RITE

Priest Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.
All Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON
[this setting omitted at 10:30] Mode 8

Bless - ed are they who dwell in your house.

[10:30] Passer invenit sibi domum Mode 1

Passer invenit sibi domum, | The sparrow has found herself a home,
et turtur nidum, ubi reponat pullos | and the turtledove a nest in which to lay
suos: altaria tua Domine virtutum, | her young: at your altars, O Lord of hosts,
Rex meus, et Deus meus: | my King and my God!
beati qui habitant in domo tua, | Blessed are they who dwell in your house,
in saeculum saeculi laudabunt te. | they shall praise you for ever and ever.
Vs. Quam dilecta tabernacula tua, | Vs. How lovely is your dwelling place,
Domine virtutum! | O Lord of hosts!
Concupiscit et deficit | My soul is longing and yearning
anima mea in atria Domini. | for the courts of the Lord.

* When approaching the Communion station to receive the Lord, please maintain an attitude of reverence. Please bow your head before receiving Communion as a sign of reverence for the real presence of Christ. Make the bow as the person preceding you is receiving.

* Non-communicants (such as under-age children and non-Catholics) may ask the priest for a blessing after Mass.

* You may sit or kneel upon returning to your pew after receiving Communion.

THANKSGIVING
[10:30] O vos omnes Tomás Luis de Victoria

O vos omnes qui transitis per viam: | O all ye that pass by the way:
Attendite et videte | Attend and see
si est dolor similis sicut dolor meus. | if there be any sorrow like to my sorrow.
Attendite, universi populi, | Attend, all ye people,
et videte dolem meum, | and see my sorrow,
si est dolor similis sicut dolor meus. | if there be any sorrow like to my sorrow.

PRAYER AFTER COMMUNION

FINAL BLESSING AND DISMISSAL

Please respect our custom of standing in place and singing the entire recessional hymn.

HYMN

In Babilone

satb 1. There's a wide-ness in God's mer-cy like the wide-ness of the sea;
satb 2. For the love of God is broad-er than the mea-sures of our mind;
The Office of Vespers will be sung by the trebles of the Cathedral Choir Sunday, March 7 at 4:45 p.m.

Throughout the season of Lent, the Office of Vespers will be sung preceding the Sunday 5:15 p.m. Mass. The Office is mostly sung and lasts about 25 minutes. It consists of psalms, short passages from scripture, an office hymn, a canticle (Magnificat), a responsory, collect and additional prayers.

The Office of Compline will be sung by the Compline Choir of the Cathedral Choir Sunday, March 7 at 9:00 p.m.

The Office is prayed by candlelight and lasts about 40 minutes. It consists of psalms, short passages from scripture, an office hymn, a canticle (Nunc Dimittis), a responsory, collect and additional prayers.
SIGN OF THE CROSS

All stand

Officiant

All

God, come to my assistance. Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

HYMN

Wondrous Love

1. What wondrous love is this, O my soul, O my soul?
2. To God and to the Lamb I will sing, I will sing;
3. And when from death I’m free, I’ll sing on, I’ll sing on;

What wondrous love is this, O my soul?

To God and to the Lamb, I will sing;

And when from death I’m free, I’ll sing on;

What wondrous love is this that caused the Lord of bliss

To God and to the Lamb who is the great I Am,

And when from death I’m free, I’ll sing and joyful be,

To bear the dreadful curse for my soul, for my soul;

While millions join the theme, I will sing, I will sing;

And through eternity I’ll sing on, I’ll sing on!

To bear the dreadful curse for my soul?

While millions join the theme, I will sing.

And through eternity, I’ll sing on.
Antiphon 1 (sung by the schola)

Lord, all powerful King, free us for the sake of your name.
Give us time to turn from our sins.

Schola  The Lord’s revelation to my Master:
“Sit on my right:
your foes I will put beneath your feet.”

All  The Lord will wield from Zion
your scepter of power:
rule in the midst of all your foes.

Schola  A prince from the day of your birth / on the holy mountains;
from the womb before the dawn I begot you.

All  The Lord has sworn an oath he will not change.
“You are a priest forever,
a priest like Melchizedek of old.”

Schola  The Master standing at your right hand
will shatter kings in the day of his great wrath.
He shall drink from the stream by the wayside
and therefore he shall lift up his head.

[All bow for the doxology]

All  Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be forever. Amen.

Antiphon 2 (sung by the schola)

We have been redeemed by the precious blood of Christ.
The Lamb without blemish.

Schola  I will thank the Lord with all my heart
in the meeting of the just and their assembly.
Great are the works of the Lord;
to be pondered by all who love them.
All Majestic and glorious his work,
  his justice stands firm forever.
  He makes us remember his wonders.
  The Lord is compassion and love.

Schola He gives food to those who fear him;
  keeps his covenant ever in mind.
  He has shown his might to his people
  by giving them the lands of the nations.

All His works are justice and truth:
  his precepts are all of them sure,
  standing firm forever and ever:
  they are made in uprightness and truth.

Schola He has sent deliverance to his people†
  and established his covenant forever.
  Holy his name, to be feared.
  To fear the Lord is the first stage of wisdom;†
  all who do so prove themselves wise.
  His praise shall last forever!

[All bow for the doxology]

All Glory to the Father, and to the Son,
  and to the Holy Spirit:
  as it was in the beginning, is now,
  and will be forever. Amen.

CANTICLE 1 Peter 2: 21-24

Antiphon 3 (sung by the schola)

God did not spare his own Son but gave him up for us all.

Schola Christ suffered for you, and left you an example /
  to have you follow in his footsteps.

All He did no wrong; / no deceit was found in his mouth.

Schola When he was insulted, / he returned no insult.

All When he was made to suffer, / he did not counter with threats

Schola Instead he delivered himself up / to the One who judges justly.

All In his own body / he brought your sins to the cross,

Schola so that all of us, dead to sin, could live in accord with God's will. /
  By his wounds you were healed.
[All bow for the doxology]

All Glory to the Father, and to the Son, / and to the Holy Spirit:
as it was in the beginning, is now, / and will be forever. Amen.

Antiphon (sung by the schola)

God did not spare his own Son but gave him up for us all.

READING 1 Corinthians 9: 24-25

While all the runners in the stadium take part in the race, the award goes to one man. In that case, run so as to win! Athletes deny themselves all sorts of things. They do this to win a crown of leaves that withers, but we a crown that is imperishable.

RESPONSORY

Schola Listen to us, O Lord, and have mercy,
for we have sinned against you.

All Listen to us, O Lord, and have mercy,
for we have sinned against you.

Schola (1) Christ Jesus, hear our humble petitions,

All (2) for we have sinned against you.

Schola Glory to the Father, and to the Son,
and to the Holy Spirit:

All Listen to us, O Lord, and have mercy,
for we have sinned against you.

GOSPEL CANTICLE Luke 1: 46-55

Antiphon (sung by the schola)

Tell no one about the vision you have seen
until the Son of Man has risen from the dead.

All make the sign of the cross

VIII G my spir- it re-joic- es in God my Sav- ior.
2. for he has looked with favor on his lowly servant. * From this day all generations will call me blessed:

Cantor:

3. the Almighty has done great things for me, * and holy is his Name.

All:

4. He has mercy on those who fear him * in every generation.

Cantor:

5. He has shown the strength of his arm, * he has scattered the proud in their conceit.

All:

6. He has cast down the mighty from their thrones, * and has lifted up the lowly.

Cantor:

7. He has filled the hungry with good things, * and the rich he has sent away empty.
INTERCESSIONS  Response: Come, Lord, to visit your family.

THE LORD’S PRAYER

CONCLUDING PRAYER

DISMISSAL