Diocese of Columbus

The Community of Saint Joseph Cathedral and Holy Cross Church

"Growing the Catholic Faith in the Heart of Columbus"



SAINT JOSEPH CATHEDRAL

THE MOTHER CHURCH
OF THE DIOCESE OF COLUMBUS
212 East Broad Street
Columbus, Ohio 43215
Phone: (614) 224-1295
Fax: (614) 224-1176
www.sjchcc.org
www.cathedralmusic.org

ST. JOSEPH CATHEDRAL AND HOLY CROSS OFFICE HOURS OFFICE IS LOCATED AT THE CATHEDRAL Monday-Thursday – 8:00 a.m.-4:00 p.m. Friday – 8:00 a.m.-2:00 p.m. Closed Saturday, Sunday & major holidays

CATHEDRAL LITURGY SCHEDULE

Sunday – 10:30 a.m., 12:30 p.m., and 5:15 p.m. Monday-Friday – 12:05 p.m.

Masses on Holy Days of Obligation and Holidays: Will be listed in the bulletin, as they occur

SACRAMENT OF RECONCILIATION/CONFESSIONS

Tuesday & Thursday – 10:45-11 :45 a.m. Sunday – 9:15-10:00 a.m.

EXPOSITION OF THE BLESSED SACRAMENT WITH CONFESSIONS

Wednesday: 5:00-6:00 p.m.

HOLY CROSS CHURCH

THE FIRST CATHOLIC CHURCH IN COLUMBUS

204 South Fifth Street Columbus, Ohio 43215 www.sjchcc.org

LITURGY SCHEDULE:

Sunday – 9:00 a.m.
Saturday – 11:30 a.m.
followed by Adoration and Confessions



FIRST SUNDAY OF LENT • FEBRUARY 18, 2024

SAINT JOSEPH CATHEDRAL & HOLY CROSS CHURCH

- + Most Reverend Earl K. Fernandes Bishop of Columbus
- + Most Reverend Frederick F. Campbell Bishop Emeritus of Columbus
 - + Most Reverend James A. Griffin Bishop Emeritus of Columbus

PRIESTS

Reverend JCP Sullivan

Cathedral Rector

Reverend Michael Hinterschied

Parochial Vicar

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Ms. Amanda Gillespie

Wedding Coordinator Holy Cross/St. Joseph Cathedral; weddings@sjchcc.org

Mr. Michael Pirik

Operations - Holy Cross/St. Joseph Cathedral mpirik@columbuscatholic.org

SCHEDULING MASS INTENTIONS

One of the greatest acts of charity is to pray for the living and the dead, and the greatest and most powerful prayer we have is the Mass since the fruits of the Mass are the very fruits of Jesus' redemption. Mass stipends (offerings) are \$10.00 each; only one offering per Mass. All Masses are scheduled by calling the Parish Office. Contact Cathedral office at 614-224-1295.

MONTHLY PRAYER INTENTION OF POPE FRANCIS:

FEBRUARY

For the terminally ill

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

MASS INTENTIONS

Holy Cross

Sunday, February 18

9:00 a.m. Living & Deceased of the Cullinan Family

Saint Joseph Cathedral

Sunday, February 18

10:30 a.m. Robert & Frances Sutton

12:30 p.m. The People of St. Joseph Cathedral

and Holy Cross Church

5:15 p.m. Intention of Theo Epitropoulos

Saint Joseph Cathedral

Monday, February 19

12:05 p.m. Soul of Jerzy Grelik

Tuesday, February 20

12:05 p.m. Intention of John Mackessy

Wednesday, February 21

12:05 p.m. Soul of George Hartig

Thursday, February 22

12:05 p.m. Intention of Suzanne Rodriguez

Friday, February 23

12:05 p.m. Intention of James Peter Loveland

Stations of the Cross

Holy Cross

Saturday, February 24

11:30 a.m. The Soul of Albina Pimenovna Rudakova

WEEKLY READINGS

Sunday, February 18, 2024

FIRST SUNDAY OF LENT

Genesis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15

Monday, February 19, 2024

Leviticus 19:1-2, 11-18; Matthew 25:31-46

Tuesday, February 20, 2024

Isaiah 55:10-11; Matthew 6:7-15

Wednesday, February 21, 2024 ~ Saint Peter Damian

Jonah 3:1-10; Luke 11:29-32

Thursday, February 22, 2024 ~ The Chair of Saint Peter

1 Peter 5:1-4; Matthew 16:13-19

Friday, February 23, 2024 ~ Saint Polycarp

Ezekiel 18:21-28; Matthew 5:20-26

Saturday, February 24, 2024

Deuteronomy 26:16-19; Matthew 5:43-48

THIS SUNDAY'S MINISTRY SCHEDULE FIRST SUNDAY OF LENT ~ FEBRUARY 18					
	9:00 a.m. HCC	10:30 a.m. SJC	12:30 p.m. SJC	5:15 p.m. SJC	
Altar Servers	John Feher	Lisa Emrich	Laura Battocletti	Trevor Foley	
		Dan Jurgens			
		Bonnie Maupin			
Lector - One	Kelly Wagoner	Jason Yax	J.P. Pacis	Linda Ruth	
Lector - Two		Josie Gonot	Thom Gall	Deborah Duffy	
Eucharistic Minister	Ronda Kelly Claire Miller	Ann Pizzuti	Fritz Harding		
Hospitality/Ushers	Ann Seren	Steve Horner	Zachary Smith	Nate Foley	
	Denise Harris	Evelina Horner	David Battocletti	Robert Schoenfeld	
		Sandy Stover			
		Pam Jurgens			

OUTREACH TO HELPING THE HOMELESS AND NEEDY IN DOWNTOWN COLUMBUS

Twice-Daily Food Distribution at Saint Joseph Cathedral \sim (614) 224-1295 Saint Lawrence Haven, on the grounds of Holy Cross Church \sim Heather Swiger at hswiger@columbuscatholic.org Joint Office for Inner-city Needs (J.O.I.N.) \sim (614) 241-2530

SAINT JOSEPH CATHEDRAL MUSIC

Cathedral Concert Series ~ Sunday, March 17, 2024 at 3:00 p.m. **IMPROVISED MEDITATIONS ON THE STATIONS OF THE CROSS**

Third Annual Presentation - Dr. Richard K. Fitzgerald, organist

Office of Compline ~ 9:00 p.m. on the first Sunday of the Month. The next one is March 3, 2024.

OFFICES, PROGRAMS AND SERVICES OF THE DIOCESE OF COLUMBUS

For Diocesan offices, please call (614) 228-2457 during regular business hours or visit www.columbuscatholic.org.

LOW-GLUTEN* HOSTS will be served at **All Masses.** Worshippers can receive low-gluten Holy Communion from the center aisle (please identify yourself to the Celebrant.) *Contains less than 0.01% gluten content and meets the standard set by the Holy See and the U.S. Conference of Catholic Bishops.

St. Joseph Cathedral

Please Keep These Parishioners in Your Prayers

Tim Acton, John Ankrom, Ed Chong, Barbara Cicua, Christopher Clark, Dorothy Deems, Sherri Dembinski, Larry Edwards, Robert & Peggy Halley, Edith Ingram, Dr. Lianna Goetz, Brittany Grinder, Kim Haring, Ruth Harper, Chris and Anna Katanyuta, Denise Lager, Teresa Mallon, Colleen Olson, Kathy Perkins, Marie Naseman, Maria Paras, Linda Pauley, The Pemberton Family, Maribeth Riepenhoff, John Ryan, Susan Bateman Severs, David Simmons, Sarah Stollenwerk, Sandra Valencia, and Dora Zweydorff

Holy Cross Church

+ Please Remember in Your Prayers our homebound parishioners, and those who are ill: Theresa Elliott, Peter Garrett's Mother and James Worley.

SACRAMENT OF BAPTISM (Holy Cross & The Cathedral) Please contact Carol at the Cathedral, 614-224-1295.

SACRAMENT OF MATRIMONY (Holy Cross & The Cathedral) Please email Mandy at weddings@saintjosephcathedral.org.

New Parishioner Registration For Holy Cross & The Cathedral

Welcome to Saint Joseph Cathedral, the Mother Church of the Diocese of Columbus! We are glad that you are here and invite you to become part of our parish family to be nourished by both Word and Sacrament, and also to become involved in one or more of our parish ministries. To become a registered member, you can pick up a form by the main entrance of our historic church, visit our web site, or contact us through the Parish Office. Welcome!

FUNERAL MINISTRY (Holy Cross & The Cathedral)

For parishioners who have died, the family should contact the rector at St. Joseph Cathedral at (614) 224-1295 before meeting with the funeral director.

SACRAMENT OF THE SICK (Holy Cross & The Cathedral)

Those wishing Holy Communion in the Home due to illness, confinement or visits to a hospital or nursing center, please call 614-224-1295.

How Does Lent Lead to Healing?

KATHLEEN BECKMAN



Lent's forty days of prayer and fasting offer a process of healing and liberation. In Lent we place ourselves nearer to the suffering servant, Jesus Christ. We ponder the Redeemer's suffering. We remember that Christ's Passion sanctified all human suffering. We relate to His pain because we are touched by the corporate weight of sin and evil in the world. It rubs against us in ordinary life. The Christian is called to push back the tsunami of sin and evil.

Demons are liars and not to be listened to but as Fr. Bamonte, a Rome exorcist, teaches, there are times when, in the midst of the rite of exorcism, a demon is forced by God to say something absolutely true to glorify the Father and torment the demon.

We were praying the rosary silently as the mandated priest began to pray from the "Rite". Suddenly a guttural voice burst forth from the tormented person, "I hate Lent! We hate Lent! You believers do what you're supposed to do! Hate!"

Why does Lent pose a real threat to the kingdom of darkness? Its focus is on prayer, penance and almsgiving. This foundational tripod has the intentional purpose of formation *for Love*. We attempt to reorder our lives to the Gospel.

Through His suffering, Christ enters into our hearts anew; into that part of us that longs for encounter and healing. On the Cross, divine love is revealed. His Passion, the bridge to Easter, tenderizes our heart; challenges our mind. The Paschal mystery is a unique love story; it's our story. It's personal. Christ saw you and me from the Cross. With our sin we echo, "Crucify Him".

Christ freely gives his life to save us. The demons hate Lent because the faithful remember our dignity in light of His passion. We recall the price He paid to heal and liberate us. Calvary is a matter of life and death. Through His wounds we receive healing as understood in scripture, "He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed (1 Peter 2:24)."

Seven Keys to Healing Liberation

1. Awareness: "Stay awake, alert", scripture tells us. Lent invites us to keen awareness of God's abiding presence. We examine our consciousness, and conscience to repent and gain freedom to know, love and serve God. We are always aware of what or who we love. Once I heard a priest retreat master challenge the audience of clergy, "Fathers, if you are not aware of the angelic presence that is filling this room presently, then your spiritual antenna is not tuned in."

Awareness of the spiritual realm allows us to live in the mystical presence of the Trinity, angels and saints. Awareness of the truth strengthens us to shun the devil. Take responsibility in caring for your soul. We have an enemy who plots against our awareness of God because he is jealous above all.

2. Accountability: During Lent the Church intentionally increases opportunities for the Sacrament of Reconciliation. Confession is one of two sacraments categorized as "healing". Accountability to a confessor is healthy for the soul, offering relief from shame and guilt, releasing the weight of sin-sickness. Confession is a healing encounter with Christ who quickly embraces us with His tender mercies.

In Biblical stories of healing, note how Christ requires the afflicted person to be accountable for his sins first. Spouses are accountable to one another, and children, to their parents. Such accountability forms a powerful spiritual hedge of protection in families. The demons tempt us to selfish independence and secret indulgences. First, we should own up to what we have done or failed to do; and then we let it go into the ocean of mercy —confession.

3. Revelation: The Paschal mystery is the revelation of Trinitarian love. Inexhaustible is the contemplation of the Father's revelation in His Son Jesus. During Lent we can grow deeper in love with God and more able to imitate Christ's life.

What does this look like? Think of the saints of recent history, <u>St. John Paul II</u> and <u>St Mother Teresa of Calcutta</u>. Transformed by the revelation of God, they mirrored His inner beauty, dignity and virtue so powerfully that it was undeniably perceptible to others, even nonbelievers. Their transformation into Christ compelled their service to the Church and culture beginning with the poorest. Saints change everything for the good. They are a revelation of the heroic capacity of the human person transformed into Christ. God never ceases to reveal Himself to us in all ages. What does your life reveal about God?

4. Reparation: Lent is a time to offer reparation for the sins of the world. In Roman Catholic tradition, an act of reparation is a prayer or devotion with the intent to expiate the "sins of others", e.g. for the repair of the sin of blasphemy, or the sufferings of Jesus Christ. The opportunity to offer reparation on behalf of the sins of others is a powerful act of mercy. If I can offer to God my act of reparation for the sins of any family (mine included), it is a privilege to do so. If you have loved ones living who left the Church (who doesn't?), you can offer reparation to the heart of Jesus. The Sacred Heart never ceases to be pierced by our sin. The evil spirits will tempt and discourage you away from offering reparation. Resist and they will flee.

- **5. Simplicity:** Lenten practices encourage us to simplify our lives. Most of us strive for increased austerity during the 40 days of penitential practice. Prayer simplifies the heart. Fasting purifies the soul. Almsgiving magnifies the Lord. Interior and exterior simplicity exemplifies purity of heart. To be content with less is to make more room for God. We can ponder Mother Mary's simplicity to see it's genius and beauty. Even during her Son's Passion, Mary models the simplicity of desiring only God's will. Anyone who's read the C.S. Lewis classic, *The Screwtape Letters* (a good lesson on spiritual warfare), learns how the evil spirits try to complicate our lives to distract us away from God.
- 6. Obedience: The Catholic concept of "obedience of faith" is key. The Catechism explains,

By faith, man completely submits his intellect and his will to God. With his whole being man gives his assent to God the revealer. Sacred Scripture calls this human response to God, the author of revelation, 'the obedience of faith.'

Obedience is a willed response to faith in God. We obey because we believe and love our Creator. One third of the angels were cast out of Heaven because they decided to disobey, and rebel against God's will. During exorcisms, we witness how very legalistic the demons are. Obedience is a protective armor. Scripture reveals that God loves obedience. Obedience of faith is sometimes difficult but grace makes it very possible.

7. Humility: Humility is truth; the moral virtue that prevents a person from reaching beyond himself. Pride does the opposite. Adam and Eve demonstrate pride through their disobedience in the Garden. Humility restrains the unruly desire for selfish greatness and lead us to true esteem with respect to God and others. Religious humility recognizes one's total dependence on God. Moral humility recognizes one's creaturely equality with others. Humility is not only the opposite of pride. It's opposed to immoderate self-abjection, which fails to recognize God's gifts and use them according to his will. Humility in Latin means humus, or ground.

Lent affords a special opportunity to consider Christ's humility and imitate it. Pride can hide in corners of our heart. On Ash Wednesday the Church reminds us, "You are dust". I remind myself often that I am dust, but I'm aware that His Blood has sanctified, saved and healed the dust that I am.

How does Lent lead to healing? Accompanying Christ into the tomb, we arise with Him on Easter, a new creation.

THIS ARTICLE IS MADE AVAILABLE COURTESY OF THE CATHOLIC EXCHANGE

Lent, Noah's Ark, and Baptism

MARCELLINO D'AMBROSIO, PH.D.



In today's fuzzy moral landscape, it is quite unpopular to even speak of sin, never mind condemn it. It's even more politically incorrect to talk about God taking stern action against sin and those who promote it.

But that is exactly what the story of Noah and the flood is all about, as we are reminded by the scripture readings for the first Sunday in Lent. The great flood is a testament to God's hatred of sin and determination to wipe it from the face of the earth. He of course offers a way to escape the waters of destruction. He instructs Noah to build an ark which carries to safety eight people and a pair of

every animal. With these, he provides the earth and the human race with a new beginning. As a sign of God's covenant of friendship with the newly recreated world, he places a rainbow in the sky.

From the beginning, Christians have seen in this story a hint of a greater work of God that would come later. The first flood swept away the evil from the surface of the earth, but not from the hearts of the ark's passengers. The Red Sea closing in upon Pharaoh and his armies had much the same limitation—it did not cleanse the soul of Israel.

So an even greater act of salvation was needed, one that was more radical, that penetrated to the very "root" of evil. God himself enters into our world in the form of a man, and engages in hand to hand combat with the father of lies. First Jesus himself is immersed in the waters, a sign of the destruction of sin, though he himself has no sin. Next he goes into the wilderness to strike at sin's agent.

The wrestling match is won by the Son. This, however, is not the decisive battle. Mark is a gospel of few words and does not relate what Luke (4;13) tells us: Satan left Jesus to await another opportunity. That opportunity came later, brokered by Judas, Caiphas, and Pilate. By means of the cross, the sign of this New Covenant, Jesus decisively vanquished sin and its patron, letting loose from his pierced side a stream that was more powerful than the ancient waters traversed by Noah and Moses. Through faith and immersion in these mighty waters of baptism, sin can finally be scoured not just from the *skin* but from the *heart*, putting to death not men, but the old humanity, separated from God and infected with the disease of disobedience. The first Letter of Peter (3:20) points out something that we can easily miss—there happened to be 8 persons in the ark. Jesus rose from the day after the Sabbath, the "Eighth Day." God created the old world in six days, rested on the seventh, and performed the new creation on the eighth. For this reason, in the early Church, baptisms did not usually take place inside the main church sanctuary. Rather, smaller buildings called baptistries were erected next door to the church. It is notably that they were generally octagonal- eight-sided. Why? Because baptism means burying the old man with Christ and emerging from the womb of the Church as a new creation, sharing in Christ's resurrection.

Lent is a time intimately linked with baptism. In the early Church, it was the season that catechumens prepared themselves through prayer and fasting for their paschal journey to the baptistry. The faithful prayed and fasted with them. It was also the time that those who had soiled the white garments of their baptism through sin prepared for reconciliation during the sacred Triduum.

If we're honest, all of us fall to some degree into that second category. So let us determine — through prayer, fasting, and giving — to intercede for the catechumens and candidates, and at the same time to scour lukewarmness and compromise from our own hearts. Procrastination and excuses must be put to death. *Now* is the acceptable time, *now* the day of salvation!

THIS ARTICLE IS MADE AVAILABLE COURTESY OF THE CATHOLIC EXCHANGE

HONOR YOUR FAMILY MEMBERS, FRIENDS AND LOVED ONES THIS EASTER SEASON WITH EASTER FLOWERS.

Each year our historic Saint Joseph Cathedral land Holy Cross are decorated so beautifully for Easter Sunday and the Easter Season, appropriately so to celebrate the Resurrection of our Savior, Jesus Christ.

If you would like to have Easter Flowers listed in our Easter Sunday Bulletin "in honor of" living family members, friends or loved ones or "in memory of" deceased family members, friends or loved ones, please fill out the form below and send it in so that

THE FORM IS RECEIVED IN OUR PARISH OFFICE BY OR BEFORE MARCH 20th BY NOON

with a check made out to Saint Joseph Cathedral. Easter Flowers are \$10.00 for each listing and will be included in the Easter Sunday bulletin. THIS IS A FIRM DEADLINE due to the early printing deadline we have for our Easter Sunday bulletin.

Thank you for helping to adorn our Cathedral church in this way, and for remembering the special people In your life during the Holiest time of the year.

Examples

(in memory of) Living and Deceased Members of the Smith and Jones Families (In honor of) Members of Columbus Division of Police and Division of Fire

PLEASE PRINT ~ ATTACH CHECK PAYABLE TO SAINT JOSEPH CATHEDRAL or HOLY CROSS CHURCH YOUR NAME _______ PHONE______ HOLY CROSS ______ CATHEDRAL ______ NUMBER OF FLOWERS ______ x \$10.00 each: TOTAL AMOUNT \$______ IN HONOR OF _______ IN MEMORY OF ______

Why Does Lent Call Us to Remember Death?

JEANNIE EWING



"Remember that you are dust and into dust you shall return." – Eccl. 1:20

"I've had this premonition," my dad began musing as my family gathered together to share a holiday meal, "that when I die, it will be sudden, like in a car accident or heart attack." My father has always been introspective and a deep thinker, but this caught everyone off guard. He isn't the type to believe in premonitions or abstract ideologies, instead being the pragmatic and logical engineer we all love.

I noticed everyone sitting a little straighter in our seats as our attention turned to my father, who was then swishing his glass of red wine — at that point half consumed — and furrowing his brow. "It's not a morbid sense," he continued. "I'm not scared to die. I just get the feeling I won't linger."

I wondered in that moment whether God, in His great mercy, had given my father a warning of sorts, some intuition that would help him prepare for a sudden death. In my experience, God has always done this for me when something very drastic or significant was on the horizon in my life: finding and marrying Ben, who lived fifteen hundred miles away; preparing myself for the birth of a daughter with a disability; detaching myself from our beloved parish shortly before I discovered we would undergo a major move.

Thoughts swirled through my imagination further about the importance of pondering our death without fear or preoccupation with the macabre. Each of us should approach death with humility, gratitude for life and all we've been given, and readiness to greet eternity.

I'm not sure I will ever feel worthy of heaven, nor that my father feels he is. Maybe none of us really believes we are worthy, because inherently we are not. But we carry the flame of hope inside our souls, which is what drives us to keep striving for it. Lent grants us the opportunity to refocus our efforts at growing in virtue when it is all too easy to think, "I can try to work on that tomorrow."

No one is given the guarantee of tomorrow, let alone the next breath. Lent whispers, "Remember who you are – dirt and dust, ashen earth and nothing more." God breathed man into being, and it is He who takes man's last breath from him. "Lent comes providentially to reawaken us, to shake us from our lethargy." – Pope Francis

One of my favorite Advent readings (yes, Advent) is "Beware that your hearts do not become drowsy from carousing and drunkenness and the anxieties of daily life..." (Luke 21: 34). Like St. John the Baptist who paved the way for Jesus, Advent does this for me so that I am more alert when Lent rolls around shortly after the Christmas season officially and liturgically ends. Spiritual drowsiness, or lethargy, is a sort of drunkenness.

It's easy for me to settle into a stupor of comfort and routine, but I know I need to be rattled awake, sometimes unexpectedly, in order that I might not fall asleep like the foolish virgins who missed greeting their Bridegroom. Vigilance, attentiveness, listening — these are the hallmarks of entering into Lent with the mindset that I can find God anew, even and especially in subtle ways.

Ashes symbolize penance and the frailty of human life

If you've ever heard of the phrase <u>memento mori</u>, it loosely translates into "Remember your death!" There's a sense of urgency, almost an imperative for us to be cognizant at all times that we are finite creatures whose earthly bodies will certainly perish. Traditionally, many Catholic artists have depicted *memento mori* with human skulls in their work, not as a morbid fascination but as a reminder of our mortality. Because Ben and I are raising a medically fragile child whose condition is nebulous and lifespan uncertain, I often tell others that we straddle the fence where life and death meet. It is a constant in our life that death could be waiting for us – for Sarah, mostly – any time, without warning or reason. As a result, I am keenly aware of the dying and all the ways death present opportunities for me to live and love more fully the moment I've been given now.

I feel Lent gifts us with the invitation to meditate on our life and death and the ways in which the two converge on a daily basis through the hidden sufferings and small resurrections we surely experience. Remembering my mortality and that of every person in my life grants me newfound appreciation for the time I've been given with each of them, knowing that time is certainly another facet of God's mercy – that I might change, repent, forgive, and ask for forgiveness.

Lent is about becoming, doing, and changing

One of the practices that has resulted from my acute awareness that death waits for me and my loved ones is that of praying for the dying and the dead. When Ben and I moved to a new city, we didn't realize that we'd pass a cemetery nearly every day while driving. In the past, I've nominally acknowledged tombstones as I'd whiz past their silent monuments of real people who once walked the same earth I do. Now, I always, always pause to pray, "Eternal rest, grant unto them, O Lord..."

It stems from that urgency of paying attention to everything around me – the living and breathing aspects of creation I otherwise ignore, like my houseplants and dog and children. I appreciate and value life more robustly, because I notice death, too. I see the languishing bird who mistakenly flew into our storm door. I find the patch of tulips in the front yard wilted and brown. My heart breaks when our dog limps into the family room from age and arthritis.

Time is a gift, just as life is a gift. Lent brings me back to the place in my heart where I am able to weep with God over those who are lost and lonely while still rejoicing at the reality that nothing and no one is ever truly hopeless, that even after death, life still awaits.

Photo by Ralph Darabos on Unsplash

THIS ARTICLE IS MADE AVAILABLE COURTESY OF THE CATHOLIC EXCHANGE

There will be a second collection next weekend, February 25th

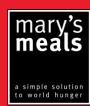


To Make a Donation Today, Use the QR code below









■ Mugs for Mary's Meals





After meeting Magnus MacFarlane-Barrow last September, when he spoke to our school community, our St. Vincent de Paul Chapter was moved to action.

St. Charles School, led by the St. Vincent de Paul Chapter students, is sponsoring a school in Zambia.

During LENT, help sponsor the school by purchasing a St. Charles and Mary's Meals mug for only \$10!

or for \$35 receive a t-shirt and a mug.

- · Zambia is currently ranked 154 out of 191 countries and territories in the Human Development Index (HDI).
- Around 61% of the population lives below the international poverty line (\$2.15 USD a day).
- Rates of malnutrition, poverty, and food insecurity are high in Zambia.
- It is estimated that one million people have insufficient food consumption and with survival taking precedence over education many primary school-age children drop out of school early.



100% of donations goes directly to Mary's Meals

If you have any questions, please contact Julie Naporano at jnaporano@scprep.org

Lectio Divina SCRIPTURE READING + MEDITATION + PRAYER + CONTEMPLATION

"What page, what passage of the inspired books of the Old and New Testaments is not the truest of guides for human life?" ~Saint Benedict, from the *Rule of Saint Benedict* (73:3)

The month of February is dedicated to the Holy Family.

"If in Christ we have been tempted, in him we overcome the devil. Do you think only of Christ's temptations and fail to think of his victory? See yourself as tempted in him, and see yourself as victorious in him. He could have kept the devil from himself; but if he were not tempted he could not teach you how to triumph over temptation."

+SAINT AUGUSTINE OF HIPPO

Monday, February 19 ~ First Week in the Season of Lent

Holy Gospel: Matthew 25:31-46 Jesus said to his disciples: "When the Son of Man comes in his glory, and all the angels with him, he will sit upon his glorious throne, and all the nations will be assembled before him. And he will separate them one from another, as a shepherd separates the sheep from the goats. He will place the sheep on his right and the goats on his left. Then the king will say to those on his right, 'Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' Then the righteous will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.' Then he will say to those on his left, 'Depart from me, you accursed, into the eternal fire prepared for the Devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison, and you did not care for me.' Then they will answer and say, 'Lord, when did we see you hungry or thirsty or a stranger or naked or ill or in prison, and not minister to your needs?' He will answer them, 'Amen, I say to you, what you did not do for one of these least ones, you did not do for me.' And these will go off to eternal punishment, but the righteous to eternal life."

Meditation: Jesus' parable about goats and sheep must have both amused and surprised his audience. Goats and sheep shared the same grazing ground during the day, but had to be separated at night. Goats were less docile and more restless than sheep. They came to symbolize evil and the expression "scapegoat" has become a common expression for someone bearing blame for others. (*You might want to read Leviticus 26:20-22 for a description of the ritual expulsion of a sin-bearing goat on the Day of Atonement.*) Separation is an inevitable consequence of sin and judgment. The Day of Judgment will reveal who showed true compassion and mercy toward their neighbor.

Prayer: Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: This parable is similar to the parable about Lazarus and the rich man. The rich man, who let Lazarus die on his doorstep, was doomed to crave for drops of cold water he had not thought of giving to the poor man. When Saint Martin of Tours, a young Roman soldier and seeker of the Christian faith, met an unclothed man begging for alms in the freezing cold, he stopped and cut his coat in two and gave half to the stranger. That night he dreamt he saw the heavenly court with Jesus robed in a torn cloak. One of the angels present asked, "Master, why do you wear that battered cloak?" Jesus replied, "My servant Martin gave it to me." Saint Martin's disciple and biographer, Sulpicius Severus, states that as a consequence of this vision Martin "flew to be baptized." God is gracious and merciful; his love compels us to treat others with mercy and kindness. When we do something for one of Christ's little ones, we do it for Christ himself. Do you treat your neighbor with mercy and love as Christ has treated you?

Tuesday, February 20 ~ First Week in the Season of Lent

Holy Gospel: Matthew 6:7-15 Jesus said to his disciples: "In praying, do not babble like the pagans, who think that they will be heard because of their many words. Do not be like them. Your Father knows what you need before you ask him. "This is how you are to pray: Our Father who art in heaven, hallowed be thy name, thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. "If you forgive men their transgressions, your heavenly Father will forgive you. But if you do not forgive men, neither will your Father forgive your transgressions."

Meditation: We can approach God confidently because he is waiting with arms wide open to receive his prodigal sons and daughters. That is why Jesus gave his disciples the perfect prayer that dares to call God, Our Father. This prayer teaches us how to ask God for the things we really need, the things that matter not only for the present but for eternity as well. We can approach God our Father with confidence and boldness because Christ has opened the way to heaven for us through his death and resurrection. When we ask God for help, he fortunately does not give us what we deserve. Instead, he responds with grace and mercy. He is kind and forgiving towards us and he expects us to treat our neighbor the same.

Prayer: Look upon your family, Lord, that, through the chastening effects of bodily discipline, our minds may be radiant in your presence with the strength of our yearning for you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Consider what Saint John Cassian wrote about the Lord's Prayer and the necessity of forgiving others from the heart: "The mercy of God is beyond description. While he is offering us a model prayer he is teaching us a way of life whereby we can be pleasing in his sight. But that is not all. In this same prayer he gives us an easy method for attracting an indulgent and merciful judgment on our lives. He gives us the possibility of ourselves mitigating the sentence hanging over us and of compelling him to pardon us. What else could he do in the face of our generosity when we ask him to forgive us as we have forgiven our neighbor? If we are faithful in this prayer, each of us will ask forgiveness for our own failings after we have forgiven the sins of those who have sinned against us, not only those who have sinned against our Master. There is, in fact, in some of us a very bad habit. We treat our sins against God, however appalling, with gentle indulgence: but when by contrast it is a matter of sins against us ourselves, albeit very tiny ones, we exact reparation with ruthless severity. Anyone who has not forgiven from the bottom of the heart the brother or sister who has done him wrong will only obtain from this prayer his own condemnation, rather than any mercy." Thus we need to honestly ask ourselves: do I treat others as the Lord has instructed me – with compassion, mercy, steadfast love, and kindness?

Wednesday, February 21 ~ First Week in the Season of Lent Saint Peter Damian, Bishop and Doctor of the Church

Holy Gospel: Luke 11:29-32 While still more people gathered in the crowd, Jesus said to them, "This generation is an evil generation; it seeks a sign, but no sign will be given it, except the sign of Jonah. Just as Jonah became a sign to the Ninevites, so will the Son of Man be to this generation. At the judgment the queen of the south will rise with the men of this generation and she will condemn them, because she came from the ends of the earth to hear the wisdom of Solomon, and there is something greater than Solomon here. At the judgment the men of Nineveh will arise with this generation and condemn it, because at the preaching of Jonah they repented, and there is something greater than Jonah here."

Meditation: The Lord Jesus came to set us free from slavery to sin and hurtful desires. Through the gift of the Holy Spirit he pours his love into our hearts that we may understand his will for our lives and walk in his way of holiness. God searches our hearts, not to condemn us, but to show us where we need his saving grace and help. He calls us to seek him with true repentance, humility, and the honesty to see our sins for what they really are – a rejection of his love and will for our lives. God will transform us if we listen to his word and allow his Holy Spirit to work in our lives. Ask the Lord to renew your mind and to increase your thirst for his wisdom. James says that the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, without uncertainty or insincerity (James 3:17). A double-minded person cannot receive this kind of wisdom. The single of mind desire one thing alone – God's pleasure. God wants us to delight in him and to know the freedom of his truth and love. Do you thirst for the holiness without which no one will see the Lord (Hebrews 12:14)?

Prayer: Grant, we pray, almighty God, that we may so follow the teaching and example of the Bishop Saint Peter Damian, that, putting nothing before Christ and always ardent in the service of your Church, we may be led to the joys of eternal light. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Do you pay careful attention to warning signs? Do you pay attention to these signs at all? Many fatalities could be avoided if people paid attention to such signs. When the religious leaders demanded a sign from Jesus, he gave them a serious warning to avert spiritual disaster. It was characteristic of the Jews that they demanded "signs" from God's messengers to authenticate their claims. When the religious leaders pressed Jesus to give proof for his claims he says in so many words that he is God's sign and that they need no further evidence from heaven than his own person. The Ninevites recognized God's warning when Jonah spoke to them, and they repented. And the Queen of Sheba recognized God's wisdom in Solomon. Jonah was God's sign and his message was the message of a merciful God for the people of Nineveh. Unfortunately the religious leaders were not content to accept the signs right before their eyes. They had rejected the message of John the Baptist and now they reject Jesus as God's Anointed One (Messiah) and they fail to heed his message. Simeon had prophesied at Jesus' birth that he was "destined for the falling and rising of many in Israel, and to be a sign that will be opposed so that inner thoughts of many will be revealed" (Luke 2:34-35). Jesus confirmed his message with many miracles in preparation for the greatest sign of all – his resurrection on the third day.

Thursday, February 22 ~ First Week in the Season of Lent Feast of the Chair of Saint Peter, Apostle

Holy Gospel: Matthew: 13:16-19 When Jesus went into the region of Caesarea Philippi he asked his disciples, "Who do people say that the Son of Man is?" They replied, "Some say John the Baptist, others Elijah, still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter said in reply, "You are the Christ, the Son of the living God." Jesus said to him in reply, "Blessed are you, Simon son of Jonah. For flesh and blood has not revealed this to you, but my heavenly Father. And so I say to you, you are Peter, and upon this rock I will build my Church, and the gates of the netherworld shall not prevail against it. I will give you the keys to the Kingdom of heaven. Whatever you bind on earth shall be bound in heaven; and whatever you loose on earth shall be loosed in heaven."

Meditation: Jesus tests his disciples with a basic, yet crucial question: "Who do men say that I am" followed by "who do you say that I am?" Jesus was widely recognized in Israel as a mighty man of God, even being compared with the greatest of the prophets -- John the Baptist, Elijah, and Jeremiah. Peter, always quick to respond, exclaimed that he was the Christ, the Son of the living God. No mortal being could have revealed this to Peter; but only God. Jesus then confers on Peter authority to govern the church that Jesus would build, a church that no powers would overcome. Jesus plays on Peter's name which is the same word for "rock" in both Aramaic and Greek. To call someone a "rock" is one of the greatest of compliments. The ancient rabbis had a saying that when God saw Abraham, he exclaimed: "I have discovered a rock to found the world upon." Through Abraham God established a nation for himself. Through faith Peter grasped who Jesus truly was. He was the first apostle to recognize Jesus as the Anointed One (Messiah and Christ) and the only begotten Son of God. The Lord Jesus tests each of us personally with the same question: "Who do you say that I am?"

Prayer: Grant, we pray, almighty God, that no tempests may disturb us, for you have set us fast on the rock of the Apostle Peter's confession of faith. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Jesus Christ also asks each one of us: "Who do you say that I am?" Obviously our personal response has great ramifications. A wonderful response to come not only from our lips, but from deep from within our hearts would be: "Lord Jesus, I profess and believe that you are the Christ, the Son of the living God. You are my Lord and my Savior. Make my faith strong and help me to live in the victory of the cross by rejecting sin and by accepting your will." Our response to Jesus' question requires sincere thought and discernment. But more importantly it requires action in how we think, speak, and live out our daily lives. Ask yourself: Do I live my life as a disciple of Christ? If not, what's holding me back?

About the Feast of the Chair of Saint Peter: This feast brings to mind the mission of teacher and pastor conferred by Christ on Peter, and continued in an unbroken line down to the present Pope. We celebrate the unity of the Church, founded upon Christ and his Apostles, and renew our assent to the Magisterium of the Roman Pontiff, extended both to truths which are solemnly defined *ex cathedra*, and to all the acts of the ordinary Magisterium.

Friday, February 23 ~ First Week in the Season of Lent

Holy Gospel: Matthew 5:20-26 Jesus said to his disciples: "I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter into the Kingdom of heaven. "You have heard that it was said to your ancestors, You shall not kill; and whoever kills will be liable to judgment. But I say to you, whoever is angry with his brother will be liable to judgment, and whoever says to his brother, *Raqa*, will be answerable to the Sanhedrin, and whoever says, 'You fool,' will be liable to fiery Gehenna. Therefore, if you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift. Settle with your opponent quickly while on the way to court. Otherwise your opponent will hand you over to the judge, and the judge will hand you over to the guard, and you will be thrown into prison. Amen, I say to you, you will not be released until you have paid the last penny."

Meditation: Do you allow sin or anger to master your life? Maybe at first glance you say "no, of course not." But take a deep look, an honest look at yourself, at your life, at how you live. The first human to hate his brother was Cain. God warned Cain: 'Why are you angry? ...Sin in couching at the door; it's desire is for you, but you must master it (Genesis 4:6-7). Sin doesn't just happen; it first grows as a seed in one's heart. Unless it is mastered, by God's grace, it grows like a weed and chokes the fruitful vine. Jesus addressed the issue of keeping the commandments with his disciples. The scribes and Pharisees equated righteousness with satisfying the demands of the law. Jesus showed them how short they had come. Jesus points to the heart as the seat of desire and choice. Unless forbidden and evil desires are eradicated, the heart will be corrupted. Jesus points to forbidden anger with one's brother. This is a selfish anger that broods and is longlived, that nurses a grudge and keeps wrath warm, and that refuses to die. Anger in the heart as well as anger in speech or action are equally forbidden. What is the antidote to anger and rage? Mercy, kindness, and forbearance spring from a heart full of love and forgiveness. God has forgiven us and he calls us to extend mercy and forgiveness towards those who cause us harm and grief. In the cross of Jesus we see the supreme example of love and the power for overcoming evil. Only God's love and grace can set our hearts and minds free from the tyranny of wounded pride and spiteful revenge. Do you harbor any anger towards another person? And are you quick to be reconciled when a rupture has been caused in your relationships? Ask God to set you free and to fill your heart and mind with his love and his timeless truths.

Prayer: Grant that your faithful, O Lord, we pray, may be so conformed to the paschal observances, that the bodily discipline now solemnly begun may bear fruit in the souls of all. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Contemplation: Saint Eusebius, a Father of the Church, offered the following prayer as instruction for his fellow Christians: "May I be no man's enemy, and may I be the friend of that which is eternal and abides. May I never quarrel with those nearest me: and if I do, may I be reconciled quickly. May I love, seek, and attain only that which is good. May I wish for all men's happiness and envy none. May I never rejoice in the ill-fortune of one who has wronged me. When I have done or said what is wrong, may I never wait for the rebuke of others, but always rebuke myself until I make amends. May I win no victory that harms either me or my opponent. May I reconcile friends who are angry with one another. May I never fail a friend who is in danger. When visiting those in grief may I be able by gentle and healing words to soften their pain. May I respect myself. May I always keep tame that which rages within me. May I accustom myself to be gentle, and never be angry with people because of circumstances. May I never discuss who is wicked and what wicked things he has done, but know good men and follow in their footsteps." Do you seek to live peaceably and charitably with all? If not, pray that you will! Lent is about reconciliation, not only with God and Jesus, but with anyone whom we have harmed through our actions. Reconciliation is the first step toward conversion of mind and heart. Step-by-step, we turn away from sin and selfishness, and turn back to Christ. Begin these steps now, during Lent.

Scripture passages (NAB translation) courtesy of the U.S. Conference of Catholic Bishops. Daily meditations and contemplations adapted from the Irish Jesuits' *Sacred Space* web page and *Biblical Medications for Lent* by Rev. Carroll Stuhlmueller, C.P.; prayers are from *The Roman Missal*, Catholic Book Publishing, 2011; information about saints, solemnities, feasts and memorials courtesy of the Catholic Culture web site.

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~ TAKING PLACE IN THE CATHEDRAL PARISH ~

STATIONS OF THE CROSS: Following the 12:05 p.m. Mass on Fridays we will have the Stations of the Cross.

THE STATIONS OF THE CROSS - Sunday, March 17, 2024 3:00 p.m. This liturgy will feature improvisations on each Station featuring Dr. Richard K. Fitzgerald, organist.

BANNS OF MARRIAGE: St. Joseph Cathedral happily announces the coming nuptials of Genevieve Harding and Christian Bray on March 23, 2024. Please keep them in prayer as they prepare for their wedding.

WE INVITE YOU TO BE PART OF THE BEAUTIFUL LITURGIES AT HOLY CROSS & ST. JOSEPH CATHEDRAL.

Consider joining the Liturgical Ministry Volunteers as altar servers, lectors, and hospitality ministers. Please fill out a form in the sacristy or email the form to JP at sjcministryscheduler@gmail.com.

CATHEDRAL BIBLE STUDY: Cathedral Bible Study meets every Monday evening at 7:00 p.m. There is interest in having a daytime Bible Study as well. If you are interested in joining either session, please contact Carol at 614-224-1295, or at cathedral@sichcc.org.

VOLUNTEERS ARE NEEDED TO ASSIST WITH COFFEE MAKING AND SETTING UP FOR FELLOWSHIP SUNDAYS. Please Contact Ed Hueckel at Emmett2381@yahoo.com. com.

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COME AND SEE WEEKEND AT THE PONTIFICAL COLLEGE JOSEPHINUM: The Pontifical College Josephinum, in Columbus, Ohio, has scheduled a "Come and See" Live-in weekend for March 7-10, 2024. The weekend has been set aside to allow young men (high school juniors, seniors, and college-age students) to visit the seminary for a few days. Live-in participants will experience seminary prayer life, classes, communal worship, and interaction with current seminarians, faculty and staff. Live-in weekends include introductory presentations on discernment, student life, and the college seminary formation program.

The weekend begins with arrival at 4:00 p.m. on Thursday, March 7, and concludes with departure at Noon on Sunday, March 10. All meals and recreation are included. There is no charge to participate. For more information, contact the Vocations Office, 614-221-5565, or email vocations@columbuscatholic.org or contact your parish priest.

15TH ANNUAL FATHER/SON MASS AND BREAKFAST - MARCH 2, 2024

St. Charles is pleased to be hosting the 15th Annual Father/Son Mass and Breakfast on Saturday, March 2. Invited to attend are all alumni and alumni fathers with their sons, current and incoming students and their fathers, and any young man in grade school (with his father) who is interested in learning more about the school. We will start with Mass at 9:30 a.m. followed by a buffet breakfast in the Robert C. Walter Student Commons. Our guest presenter is SC father, Mr. Adam Johnson, the Chairman and CEO of NetJets, Inc. The breakfast is free, but you are still asked to RSVP to the school's Alumni Affairs and Communications Director, Louis J. Fabro '83 by Monday, February 26, at Ifabro@scprep.org.

CATHOLIC MEN'S LUNCHEON – Friday, March 1. Speaker: Mark Fry. Please join us at St. Patrick Church in downtown Columbus for a luncheon featuring a talk by Michael Fry entitled, "A Visit with Venerable Archbishop Fulton J. Sheen." If you are interested in sponsoring a luncheon, contact Pat Foley at foleyp513@gmail.com. Mass (optional) begins at 11:45 p.m. followed by lunch at 12:10 p.m. and Mr. Fry's presentation. No reservations necessary. \$12.00 covers the lunch and meeting. Bring a friend! Our next luncheon is Friday, April 5, 2024, and will feature a talk by William Heyer on Sacred Architecture. Mark your calendar.

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> SAINT JOSEPH CATHEDRAL Updated February 12, 2024 2023 Appeal Report

Holy Cross Church Updated February 12, 2024 2023 Appeal Report

Goal established by the Diocese	\$ 21,018.43
Enhanced Goal	\$ 26,018.43
TOTAL PLEDGES TO DATE	\$ 22,168.43
EXCEEDS DIOCESAN GOAL BY	\$ 1,150.00

\$ 42,645.24 Goal established by the Diocese TOTAL PLEDGES TO DATE \$ 65,079.00 **EXCEEDS DIOCESAN GOAL BY** \$ 22,433.76

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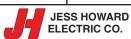


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